

WSI Practice Test Questions and Answers

1. What is the primary responsibility of a Water Safety Instructor (WSI)?

- A) Pool maintenance and chemical testing
- B) Teaching swimming and water safety skills to students
- C) Selling swimming equipment and accessories
- D) Managing pool facility operations

2. During a swimming lesson, what should be the maximum recommended instructor-to-student ratio for beginner swimmers?

- A) 1:12
- B) 1:8
- C) 1:6
- D) 1:4

3. What is the correct sequence for teaching basic water safety skills?

- A) Jump first, then float, then basic stroke
- B) Water entry, breath control, floating, then basic stroke
- C) Swimming stroke, then safety skills
- D) Diving, then floating, then treading water

4. When teaching the front crawl, what should be emphasized first?

- A) Arm stroke technique
- B) Breathing pattern and timing
- C) Body position and floating
- D) Kick technique and speed

Answers: 1-B 2-C 3-B 4-C

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